

Expectant Mom Form

PERSONAL INFORMATION: *Please answer all questions*

Today's date _____

Name _____ Date of Birth _____

Street Address _____

City _____ State _____ Zip _____

Email _____ Spouse/Partner _____

Home Phone (____)____ - ____ Work (____)____ - ____ Cell (____) ____ - ____

Occupation _____ Employer _____

Social Security _____ - ____ - ____ Referred by _____

Is this your first child? _____ Expected Delivery Date _____

If this is not your first child, please answer the next series of questions:

Anything you would like us to know about your previous pregnancy/pregnancies:

For your previous births, please indicate the location:

Home Birthing Center Hospital

For your previous births, how many were: (*please check all that apply*)

vaginal cesarean forceps vacuum extraction
 involved pain medication induced

What position were you in during birth:

squatting on my back other (explain _____)

For your previous births, did you feel supported in your decisions? Y/N _____

(next)

Midwife/ObGyn _____ **Contact #** _____

Location _____ Date of Last Visit _____

Reason for Last Visit _____

Were your previous births also with the birth provider named above? Y/N _____

Do you have a doula?

If yes, please provide name and contact #: _____

Do you have a birthing plan? Y/N _____

Have you discussed your birthing plan with your provider? Y/N _____

Please explain the reason for your visit today:

Are there concerns you would like to discuss today?

The **Webster Technique** is specific chiropractic analysis and adjustment which reduces interference to the nervous system, improving function of the pelvic muscles and ligaments leading to the reduction of constraint to the woman's uterus. This allows the baby to get into the best possible position for birth. Are you here specifically for the Webster Technique?

As an expectant mother, you are taking an important step in improving your baby's health and well being by seeking chiropractic care. Thank you for allowing us the honor of being a part of this wonderful time in your life!